

Biography



Facilitator: Simone Donaldson

Simone Donaldson is the CEO, founder, registered social worker/psychotherapist and principal consultant of a group practice called [Agapé Lens Consulting & Therapy](#). She has devoted over 15 years to racialized communities and mental health. Simone has been featured in multiple media outlets as a mental health and anti-racist expert, including Elle Magazine, Yahoo Mail, and a documentary selected for the 2022 Toronto Black Film Festival. Simone is also an author in the groundbreaking Canadian text, “Africentric Social Work”.

She is in high demand as a corporate consultant, and has worked with many organizations to bridge the gap between equity and wellness concerns. Her consultations consist of anti-racism training, executive/leadership coaching, workplace wellness, team consultations, and Black healing circles.

Simone’s purpose is to support all her clients to see sustainable change, while guiding them patiently and safety towards authenticity, so they may heal, thrive, and live out their purpose.

*This document is available in alternate formats upon request.