

# Biography



## Facilitator: Negus Medhin

Negus Medhin (he/him) is a Holistic Health Therapist specializing in the areas of Reflexology, Shiatsu and Aromatherapy. His education includes Kinesiology, Physical Health and Wellness, Psychology and Early Childhood Education from the University of Louisiana at Monroe. He is a current student at Trillium Collage studying Registered Massage Therapy. He is also a professional Master African-Caribbean drummer, singer and performer who conducts workshops, classes, and tutorials. He is the proud owner of [Holistic Vibrancy](#), a holistic health and wellness company, which offers holistic health services and products in the Greater Toronto Area.

\*This document is available in alternate formats upon request.