

Biography

Facilitator: **Phuong Nguyen**

<https://www.arttherapywithphuong.ca/>

Phuong Nguyen (she/her) is a person of diaspora. She is an artist, Certified Art Therapist, and Registered Psychotherapist (Qualifying) born and raised in Toronto, Canada. Her Vietnamese-Canadian heritage informs her personal goals in contributing to Toronto's diverse communities – and as a POC herself, Nguyen is especially invested in working with POCs in her private practice and community organizations.



*This document is available in alternate formats upon request.